

To help protect YOUR Local 344 health & welfare dollars and future benefits, please be aware of the differences between Emergency Room vs. Urgent Care visits and Cost.

ER Visit Vs. Urgent Care

You're sick and need medical attention. But where do you go? Knowing the difference can save you time and money.

ER	Urgent Care (Your Health & Wellness/ Just Kids)
 Sudden shortness is breath	 Fever, cold, flu or sinus pain
 Intense chest pain	 Sprain, strains, or breaks
 Severe & sudden stomach pain	 Rashes & minor burns
 Broken bone	 Sore throat
 Severe burn or bleeding	 Ear pain
 Crushing intense headache	 Animal or insect bite
 Open wounds	 Constipation
 Stroke symptoms	 Urinary tract infection (UTI)
 Loss of consciousness	 Toothache

\$\$\$Higher out of pocket Cost\$\$\$	\$Lower out of pocket cost\$
 Average length of time spent in the ER nationwide is 2 ½ hours	 You will usually be seen in under 30 minutes
 Open 24/7	 Extended Hours & open on weekends

Remember, if you have a medical emergency, go to your nearest emergency room or call 911.

If you have any questions, please call the Benefits office at 405-682-4581.