

TAKE YOUR HEALTH TO HEART

SCHEDULE YOUR FREE BLOOD PRESSURE, CHOLESTEROL, AND DIABETES SCREENINGS



Stop serious conditions like heart disease and stroke before they even start by keeping key screenings top-of-mind.

✓ **PREVENTIVE CARE KEEPS YOU HEALTHY. AND IT'S COVERED.***



Annual Routine Checkup



Annual OB/GYN Visit



Cholesterol Screening



Colorectal Cancer Screening



Diabetes (Type 2) Screening



Immunizations



Mammography Screening



Well-Child Visit

See the full list of preventive care services available to you at [ExcellusBCBS.com/PreventiveCare](https://www.excellusbcbs.com/preventivecare)



Download the **Excellus BCBS app** and register your online account.

*A well visit or preventive service can sometimes turn into a "sick visit," in which out-of-pocket expenses for deductible, copay and/or coinsurance may apply. There may also be other services performed in conjunction with the above preventive care services that might be subject to deductible, copay and/or coinsurance. Does not include procedures, injections, diagnostic services, laboratory and X-ray services, or any other services not billed as preventive services.

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